

Shopping List



ITEMS

Spices:

- sesame seeds
- 1/4 cup taco seasoning
- 1 1/2 tablespoons mustard
- 1 teaspoon garlic powder
- 1 envelope Hidden Valley Ranch Dressing Mix

Bread / Peanut Butter / Jams:

- 5 medium-sized flour tortillas

Dairy / Eggs:

- Sour cream
- 1/2 cup buttermilk
- 1 1/2 cups shredded cheddar cheese
- 2 cups Mozzarella cheese

Frozen Foods:

- 12 ounces frozen corn
- 1/2 gallon vanilla ice cream

Pasta / Sauces:

- 1 cup pizza sauce

Condiments / Dressings:

- 1/3 cup Caesar salad dressing

Canned / Packaged Goods:

- 2/3 cup beef broth
- 14 ounces black beans
- 1 packet Lipton Onion Soup Mix
- 1/3 cup chicken broth
- 1 can cream of mushroom soup

Baking Needs:

- 2 tablespoons brown sugar
- 8 buns
- 1 cup semi-sweet chocolate chips
- 1 loaf French Bread
- 1 graham cracker pie crust

Produce:

- 4 cloves garlic
- 1 red bell pepper
- 1 onion
- 2 carrots
- 2 cups broccoli florets
- 1 bag romaine lettuce
- 1 avocado
- Cherry tomatoes
- 1/2 bunch cilantro
- 2 limes
- fresh parsley
- 2 cups fresh snow peas
- 1 pound asparagus

Grains / Rice:

- 2 teaspoons cornstarch
- 1 pound linguini noodles
- 2 cups uncooked rice

Meats / Seafood:

- 2 pounds boneless beef sirloin steak
- 9 boneless skinless chicken breasts
- 4 pounds pork roast

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1/2 cup pepperoni